

**Tuesday 5th & Wednesday 6th
December 2017**

**7th Annual Student
Wellbeing & Support
Conference**

**Promoting well-
being, resilience and
achievement in
medicine, dentistry,
healthcare and
veterinary medicine
students**



Tuesday 5th December

Time	Activity	Lead
09:00—09:20	Registration & Coffee	
09:20—09:30	Introduction	Jonathan Darling
09:30—10:15	The Happiness Advantage: Wellbeing for ourselves, as well as our students?	Barbara McPherson
10:15—11:00	The Take Time Project After graduation: supporting junior doctors and dentists	Gearoid Fitzgerald
11:00—11:20	Coffee	
11:20—12:05	Promoting student resilience- results from a cross faculty study	Lydia Bleasdale-Hill Sarah Humphreys
12:05—12:30	DISCUSSION PANEL	Jonathan Darling
12:30—13:30	Lunch & information stalls	
13:30—13:45	Introduction	Phil Burns
13:45—14:30	Supporting students through personalized feedback and 'nudges'	Jenn Hallam
14:30—14:50	Coffee	
14:50—16:00	WORKSHOPS (attend one of the following) Resilience: a programme for students OR Performance anxiety: understanding and supporting	Rosie Allister Anne Cooper
16:00—16:30	Plenary & Farewell	Jonathan Darling

Wednesday 6th December

Time	Activity	Lead
09:00—09:20	Registration & Coffee	
09:20—09:30	Introduction	Andrea McGoverin
09:30—10:15	Developing professional identity Links to wellbeing, obstacles and support	Rosie Allister
10:15—11:00	Supporting students with serious difficulty in language, communication and professional identity	Connie Wiskin
11:00—11:20	Coffee	
11:20—11:40	Making everyone's well-being a priority: launching a mental health and wellbeing awareness campaign (Nottingham School of Veterinary Medicine and Science)	Zara Abas
11:40—12:00	New Approaches In Student Support - myPAL Project	Rosie Dent- Spargo
12:00—12:45	Blame culture or learning culture? Reflections from the veterinary profession	Lizzie Lockett
12.45—13:45	Lunch & information stalls	
13:45—14:30	Remediation - how can we do it better? An update on experience working with Year 4 medical students	Catriona McKeating
14:30-14:50	Coffee	
14:50—16:00	WORKSHOPS (attend one of the following) Workshop title to be confirmed OR The student partnership: valuing the student voice	Marion Bowman Liz Allen Nancy Davies
16:00—16:30	Plenary & Farewell	Jonathan Darling

