**LEEDS TEACHING HOSPITALS NHS TRUST**
**OCCUPATIONAL HEALTH SERVICE**

**IMMUNISATION APPOINTMENT INFORMATION SHEET**

“**What are Immunisations?**”

Immunisations protect against acquiring diseases encountered through training in the clinical environment and also the spreading of infectious diseases to Colleagues and Patients.

“**When do I need to attend for my Immunisations Update?**”

You will be provided with an appointment at the appropriate time.

“**What is an Immunisations Update appointment?**”

At your immunisations update, the Occupational Health Service will provide vaccinations against:

- **Tuberculosis (BCG)** Disease that can affect the lungs and has slowly been increasing over the last 20 years
  - If no record of vaccination or testing, Mantoux test required (local skin test), prior to BCG Vaccination
  - A small number of students may require a chest X-Ray and Quantiferon blood test
  - **BCG vaccine is currently not available**

- **MMR** Measles, Mumps and Rubella - Viral infection
  - Documented history of 2 doses

- **Chicken Pox** Varicella, highly infectious disease
  - History of the disease or Shingles (virus reactivated)
  - Immunity if not known determined by a blood test
  - If non-immune 2 doses 6 to 8 weeks apart

- **Hepatitis B** Spread through blood and bodily fluid (There is temporary shortage of Hep Vaccine).
  - Accelerated course - 0, 1, 2 months (depending on supply)
  - Otherwise course will be prioritise /revert to PHE recommendation 0, 1, 6 months.
  - Blood test 8 weeks after 3rd injection
  - Dependant on result; may need an immediate booster or further course
  - Final booster in 5 years (Depending on supply) Otherwise booster will revert to 6 years - PHE
  - If you do not respond to 2 full courses of Hepatitis B, you will be classed as a “Non-responder” and appropriate OHS advice will be given

Please ensure you are up to date with routine immunisations (e.g Tetanus, Polio, Diptheria, Whooping Cough and Meningitis A C W Y should be updated via GP before coming to University)

Please note: Flu vaccine season commences in October of each year and is freely available whilst on placement with LTHT. If you are on placement in another hospital, contact their Occupational Health Service regarding availability.
Exactly which blood tests you require will depend on your immunisation history and the course of study that you are undertaking. The full range of blood tests are:

- **Hepatitis B** surface antigen and Hepatitis B Antibody testing if previously vaccinated. *(If you are surface antigen positive your blood will be tested for further markers)*
- **Hepatitis C** antibody test *(If antibody tests positive you will require further blood tests)*
- **HIV** antibody test *(If antibody tests positive you will require further blood tests)*

This level of screening is for new staff who will be performing **Exposure Prone Procedures** (EPP)

A blood sample for all of the above tests **needs** to be an **Identified Validated Sample** (this is a sample taken in an Occupational Health Department where photographic evidence of an individual is provided e.g. Passport, Photo Driving License, University ID card, Trust ID)

**VZV** antibody check will also be undertaken if you have not had chickenpox or shingles or you were born or have lived in a tropical region and have been resident in a temperate region for less than 3 years.

The Occupational Health Service will contact students on an individual basis should further action be required following receipt of blood test results.

**“What happens if I do not attend my Immunisation Appointments?”**

To complete all vaccination courses, including blood tests, it is highly likely that you will have to attend for **several appointments**

If you do not attend, the Leeds Dental Institute (LDI) will be informed and **may wish to discuss this with you.**

If you are working in the Leeds Trust and can access the Intranet, look for the Occupational Health site for more information: 
http://lthweb/sites/occupational-health

Also useful information can be found:  

**REPORT AND SEEK EARLY ADVICE FOR IMPORTANT CHANGES TO YOUR HEALTH!**

For Example:

- Skin problems on your hands
- Cough persisting for **three weeks or more**, unexplained fever, weight loss, malaise
- If you are concerned you've had an exposure to a blood borne virus