Programme aims

Our aim is that you will develop enhanced self-awareness and dynamic interactive skills which enable you to respond to service users and carers across a wide range of encounters. This forms the base for holistic care interventions, which includes psychological, physical, and social approaches. The spectrum of mental health services accessed through the programme equips you with many opportunities to further specialise on completion.

Programme structure

Year one - The Common Foundation Programme

The focus of the first year is upon shared learning which takes place with other nursing and healthcare students. This incorporates a number of general themes such as biology, sociology, psychology, promoting health, communication and study / research skills. A core focus is upon developing caring skills, self-awareness and reflective practice as applied to your emerging role as a mental health nurse.

Year two – Mental Health Branch Programme

You will explore the biopsychosocial aspects of the mental health care of a person across the lifespan and within the context of contemporary society. Skills of therapeutic engagement will be developed, utilising different perspective

underpinned by research and evidence based practice. You will also consider the ethical/legal framework for mental health practice. You will experience working in variety of mental health settings with a number of different specialist teams.

Year three - Consolidation of Mental Health nursing practice

In your final year, you will achieve a higher level of knowledge and understanding and focus on more complex mental health needs. You will develop interventions strategies and approaches to provide a more integrative approach to care. This includes pharmacology and risk management. You will undertake a Final year project, a research dissertation and there will be an opportunity for a period of consolidation and preparation for registered nursing practice. On graduating, you will have the skills to function as a qualified dynamic mental health nurse who is able to meet the needs of people across the spectrum of mental health care.

Programme content

In each year you will undertake 50% theory and 50% practice. You will demonstrate the application of theory to practice within an environment of clinical specialisms. During the third year there are optional modules which may offer the opportunity for European or...
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Career prospects
Our graduates are highly regarded and you will be in an excellent position to pursue employment opportunities, in the NHS, Social Services, Voluntary Sector and Private Sector. Mental health nursing has a structured career pathway with a multitude of opportunities such as research, management, clinical specialisms and teaching. This may include specialised areas of primary care, dementia care, acute/forensic services, crisis/home treatment teams, eating disorders and addiction services.

Entry Requirements
**Irish Leaving Certificate:** BBBBBB including B in English, maths and biology.

**Scottish Advanced Highers:** BBB in any subject, preferably 1 to include a science subject.

**International Baccalaureate:** Overall score 33 points including 3 Higher Level subjects at minimum of Grade 5

**English requirements for candidates for whom English is not their first language:**

**IELTS:** 7.0 overall with no less than 7.0 in listening and speaking plus not less than 7.0 in writing and reading.

**ibTTOEFL:** 100 overall with no less than 23 in Listening, 23 in Reading, 24 in Writing and 25 in Speaking.

**Fees and Bursaries**
All tuition fees are paid by the NHS. Fees for this course are currently paid by the NHS; this is subject to change, please check website for details. Students receive a means tested bursary which is paid monthly.

**NB:** All applicants must be eligible for NHS funding.

Applications
Please apply before January 15.
To: The Universities and Colleges Admissions Service (UCAS) Rosehill, New Barn Lane, Cheltenham, Gloucestershire GL52 3LZ Tel: 0870 112 2200
Or via the website: [www.ucas.com](http://www.ucas.com)

Further Information
**Contact Admissions**
School of Healthcare, University of Leeds, Baines Wing, Leeds LS2 9UT
**Tel:** 0113 343 1348

**Email:** admissions@healthcare.leeds.ac.uk

**Website**
[www.healthcare.leeds.ac.uk](http://www.healthcare.leeds.ac.uk)

Our students
Pearl, graduate

I chose Leeds because of its reputation for Mental Health and the staff and the whole experience has been great.

They are very supportive and have great experience to draw on. My degree at Leeds really helped me find the job I wanted and I will be coming back to study Postgraduate in the future.